

Physical Education (PE)

Intent:

At Broadfield Academy, we believe Physical Education (PE) is a vital part of school life and ultimately pupils' future well-being. We value Physical Education (PE) as an important part of pupils' entitlement to a broad and balanced curriculum. We believe that a high quality Physical Education (PE) curriculum shapes well rounded pupils who understand how to take care of themselves, both physically and mentally in order to be successful as adults. We aim to provide a progressive and enjoyable PE curriculum that meets the needs of pupils from Reception to Year 6. The curriculum allows pupils to experience a range of activities that help them to develop their health, fitness and wellbeing. We aim to give our pupils opportunities to compete in sport and other activities that build character and help to embed values such as fairness and respect. Physical Education (PE) should inspire all pupils to succeed and excel in competitive sport and other physically-demanding activities. We ensure that all pupils, wherever they start in life, have a high quality Physical Education (PE) experience and education as we believe this should be a right, not a privilege.

The aims of our Physical Education (PE) curriculum is to deliver a curriculum that is accessible to all pupils, so they know more, remember more and understand more. Our Physical Education (PE) curriculum aims to:

- + Support pupils to understand the importance of leading a healthy lifestyle (food, nutrition, physical activities, positive mindset etc.), and equip them with the tools to do so through health and well-being education.
- + Give pupils the opportunities to become physically confident in a way which supports their health and fitness.
- + Enhance existing skills, learn new skills and give pupils the opportunity to be introduced to a range of sports, clubs, teams and organisations.
- + Engage with our local community and be active citizens to help promote a sense of belonging and pride in our local area, e.g. asking local sports people to come into school to work with pupils, utilising local amenities to support physical activities.

Implementation:

At Broadfield Academy, our Physical Education (PE) curriculum follows The PE Hub scheme of work. Physical Education (PE) lessons follow a clear and consistent teaching sequence and is taught as an independent subject. Topics are mapped out on the Sports Coach's Physical Education (PE) planning document. Our Sports Coach follows the sequence outlined on the curriculum overview.

Scheme of Work:

We use the PE Hub scheme of work to develop pupils' physical and mental health education.

Please see the PE curriculum overview for further details of the skills covered in each year group.

The National Curriculum for Physical Education aims to ensure that all pupils:

- + Develop competence to excel in a broad range of physical activities.
- + Are physically active for sustained periods of time.
- + Engage in competitive sports and activities.
- + Lead healthy, active lives.

Pupils begin their journey in EYFS where they progress through the EYFS curriculum with Physical Development and onto the National Curriculum in Key Stage One and Two.

Through our engaging Physical Education (PE) curriculum, we give our pupils many opportunities to succeed physically and mentally, so they feel confident that they will leave primary school with the skills and knowledge necessary to progress to the next stage of their Physical Education (PE) journey.

Pupils are taught Physical Education (PE) mainly by our dedicated Sports Coach from Reception to Year 6. Pupils are taught a variety of techniques and skills as they progress through the Physical Education (PE) curriculum: Gymnastics, Dance, Body Management, Speed Agility Travel, Manipulation & Co-ordination, Co-operate & Solve Problems, Attack Defend Shoot, Hit Catch Run, Send & Return, Run Jump Throw, Athletics, Racket Sports and Team Games. This allows lots of opportunities for pupils to practise and embed key skills and concepts.

The curriculum is further enhanced by participation in numerous sporting tournaments with other schools in the area, inter-house competitions, as well as after school clubs. We offer clubs that allow pupils to experience a diverse range of sporting activities that they may not otherwise have opportunities with which to engage.

A strong focus for teaching is the use of correct technical vocabulary and physical skill. Our dedicated Coach carefully plans and models vocabulary and skills through discussion and subject specific vocabulary, so pupils can embed learning into their long term memory.

Extra-Curricular Activities:

We provide our pupils with the opportunity to take part in a range of extra-curricular sports clubs, including: Dance, Dodgeball, Girls' Football, Boys' Football and Karate. Please visit our 'After-School Clubs' section on the school website for further information and to view our timetable of clubs.

Swimming:

Our pupils take part in swimming lessons in Year 5. However, due to the pandemic, some of our pupils have missed on this opportunity. In order to ensure our pupils can swim by the time they leave primary school, we have arranged for Year 6 to attend swimming lessons this year. Our pupils learn to swim at Hemel Hempstead Leisure Centre, Hertfordshire.

The National Curriculum – Swimming:

The National Curriculum stipulates that all schools must provide swimming instruction either in key stage 1 or key stage 2.

In particular, pupils should be taught to:

- ✚ Swim competently, confidently and proficiently over a distance of at least 25 metres.
- ✚ Use a range of strokes effectively [for example, front crawl, backstroke and breaststroke.
- ✚ Perform safe self-rescue in different water-based situations.

Cultural Capital:

Where possible, we do our best to make Physical Education (PE) come alive! We plan trips, visits, invite speakers in and take children out into the community to provide first-hand learning experiences to support and develop life-skills. We recognise that to have impact, the planned cultural capital must be clearly linked to current learning, so it can be acquired and applied to what pupils already know.

DSSN Membership:

Our school is a member of The Dacorum School Sports Network (DSSN). This allows our pupils to take part in a range of competitions, tournaments and other sporting opportunities against other schools within the Dacorum area.

Impact:

As there are no national standards for Physical Education, we assess the subject holistically and over time. To do this, we use our school's Physical Education (PE) progression map to assess progress. Our Coach uses this information to inform future lessons; ensuring children are supported and challenged appropriately. This data is analysed to inform and address any trends or gaps. Final end of year assessments are made using teacher judgements. Teacher judgements are based on progress made in Physical Education (PE) lessons and by using the Physical Education (PE) progress maps.

Children in Foundation Stage are assessed within Physical Development, and their progress is tracked termly. Age related expectation levels are reported to parents at the end of the Reception year. By the end of KS2, We aim to produce active pupils who value the importance of physical fitness as well as healthy minds and bodies. Our aim is that through Physical Education (PE), pupils will develop skillful use of the body engaging in opportunities to revisit and repeat skills throughout their Physical Education (PE) journey. Through our inclusive teaching methods, we aim

to develop pupils who see sport as a platform for bringing together people from all different cultures, ethnicities and backgrounds, and in turn, produce pupils who demonstrate acceptance and appreciation of diversity in sport.

Ultimately, the impact of each pupils' Physical Education (PE) curriculum journey will enable them to:

- + Know more, remember more and understand more about Physical Education (PE), and be ready for the next phase of their Physical Education (PE) journey.
- + Develop strong skills, knowledge and understanding of Physical Education (PE) as outlined by the National Curriculum, the school's Physical Education (PE) progress map and be able to transfer their learning in school and beyond.
- + Understand and demonstrate how to be a "Good Sport", and use this to build character and embed values such as fairness, respect and teamwork.
- + Reflect on their learning and use this to influence the decisions they make now and in the future.